

Important Schedule Note

Depending on the number of entries, the meet will follow one of these schedules:

1. One session per day with all 8 & Under swimmers on Saturday.
2. One session per day with the 8 & Under swimmers divided by team between Saturday & Sunday.
3. Two sessions per day with teams divided between morning & afternoon sessions.
4. Two sessions per day with 8 & Under swimmers divided by teams between Saturday and Sunday.

This is to allow for reasonable occupancy and session lengths. Coaches will be notified by e-mail of the schedule once all entries are received. In the event that sessions are divided, the results from both sessions will be combined for awards.

2023 10 & Under Gold Championships

Saturday March 11th

Facility Opens at 6:45am

Saturday Morning Session #1—10 & Under

Warm-up: 7:00am

Meet Start: 7:55am

Girls	Equal/Faster	Age Group & Event	Equal/Faster	Boys
#1		10 & Under 200 Medley Relay		#2
#3	2:41.29	10 & Under 200 Freestyle	2:41.29	#4
#5		8 & Under 25 Freestyle		#6
#7	1:23.19	10 & Under 100 Backstroke	1:23.19	#8
#9		8 & Under 25 Backstroke		#10
#11	32.69	10 & Under 50 Freestyle	32.69	#12
#13		8 & Under 25 Breaststroke		#14
#15	2:52.69	10 & Under 200 IM	2:52.69	#16
#17		8 & Under 25 Butterfly		#18
#19	42.69	10 & Under 50 Butterfly	42.69	#20
#21		8 & Under 50 Freestyle		#22
#23	1:33.99	10 & Under 100 Breaststroke	1:33.99	#24
#25	1:39.09	8 & Under 100 IM	1:39.09	#26
#27	7:24.69	10 & Under 500 Freestyle	7:24.69	#28

2023 10 & Under Gold Championships

Sunday March 12th

Facility Opens at 6:45am

Sunday Morning Session #2—10 & Under

Warm-up: 7:00am

Meet Start: 7:55am

Girls	Equal/Faster	10 & Under Event	Equal/Faster	Boys
#29		200 Freestyle Relay		#30
#31	38.69	50 Backstroke	38.69	#32
#33	1:12.29	100 Freestyle	1:12.29	#34
#35	44.99	50 Breaststroke	44.99	#36
#37	1:37.39	100 Butterfly	1:37.39	#38
#39	1:21.89	100 IM	1:21.89	#40

