

2023 Sprints

Saturday January 28th
Facility will not open before 6:15am
Morning Session #1—10 & Under

Warm-up: 6:30am

Meet Start: 7:30am

Girls	Age Group & Event	Boys
#1	9-10 50 Butterfly	#2
#3	8 & Under 25 Freestyle	#4
#5	9-10 50 Breaststroke	#6
#7	8 & Under 25 Breaststroke	#8
#9	9-10 100 Freestyle	#10
#11	8 & Under 25 Backstroke	#12
#13	9-10 50 Backstroke	#14
#15	8 & Under 25 Butterfly	#16
#17	9-10 100 IM	#18
#19	8 & Under 50 Freestyle	#20
#21	9-10 50 Freestyle	#22

Midday Session #2—11-12

Warm-up: TBA

Meet Start: TBA

Girls	11-12 Event	Boys
#23	200 IM	#24
#25	50 Butterfly	#26
#27	100 Freestyle	#28
#29	50 Backstroke	#30
#31	100 IM	#32
#33	50 Freestyle	#34
#35	50 Breaststroke	#36
#37	200 Freestyle	#38

Afternoon Session #3—13 & Over

Warm-up: TBA

Meet Start: TBA

Women	13 & Over Event	Men
#39	200 IM	#40
#41	100 Freestyle	#42
#43	100 Backstroke	#44
#45	200 Freestyle	#46
#47	100 Butterfly	#48
#49	50 Freestyle	#50
#51	100 Breaststroke	#52
#53	400 IM	#54

